

# Learn to Curl

## Adult Learn to Curl Program

We are excited to launch our fourth Adult Learn to Curl Program on Wednesday evenings at 6:30 p.m. This program is geared towards adults who are interested in curling but have never tried it. It is an excellent 10 week program that teaches the fundamentals of the game, how to play safely and how to master the skills of the game so that you will feel comfortable integrating into our league play. Adults of any age are welcome to enrol in the program. The cost is \$100 and if you would like to join the club when the program is completed, your \$100 will be deducted from the membership cost. Even if you have mobility issues, you can still join this program. Instruction can be taught using the curling stick. There is no need to worry about equipment as it will be supplied by the club. There will be adequate instructor/participant ratio to maximize the learning experience. Come on out and try this wonderful social sport! For more information contact: [Bernie Filiatreault](#)

2018 Learn to Curl will start the week of October 10th!

HERE ARE SOME HELPFUL VIDEOS ON THE DELIVERY:

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